

A Regular Meeting of the Durham County Board of Health, held

March 8, 2001, with the following members present:

William H. Burch, Chairman, William Small, Ellen Reckhow,

Ruth Smullin, Dr. Philip McHugh, Dr. Michael O. Royster, Sandra Peele,

and Lorraine Salois-Deane.

Excused Absence: Dr. Sydney Rose, Dr. William Bordley, and Robin

Blanton.

CALL TO ORDER. Mr. Burch, Chairman, called the Regular Meeting to order.

The Chairman said the Health Director was absent due to the illness of his father.

INTRODUCTION OF NEW MEDICAL DIRECTOR AND NEW DENTAL DIRECTOR. In the absence of the Health Director, Gayle Harris introduced Kim Walsh, M.D., M.P.H., Medical Director and Dr. Miriam McIntosh, D.D.S., Dental Director. Both appointments became effective March 1, 2001.

Dr. Walsh comes to Durham from her position as Medical Director for the Alamance County Health Department, where she has worked for the past 8 years. She is a graduate of Dartmouth College, Duke University Medical School, and the University of North Carolina at Chapel Hill Masters of Public Health Program. Dr. Walsh completed her residency training at Duke University Family Medicine and is a Diplomate of the American Board of Family Practice. Dr. Walsh has already brought a great deal of insight to many of the activities going on within the Department.

Dr. McIntosh was promoted to the position of Dental Director. She has been employed at the Health Department since September of 1999 and brings a wealth of experience, maturity, and professional focus to this important leadership position. She is a graduate of North Carolina Central University, Smith College, Howard University, and the University of North Carolina at Chapel Hill Masters of Public Health Program.

The Board welcomed Dr. Walsh and Dr. McIntosh.

APPROVAL OF MINUTES. Mr. Small made a motion to approve the minutes of February 8, 2001. The motion was seconded by Dr. Royster and approved unanimously.

BUDGET AMENDMENT. Tekola Fisseha, Director of Health Education, addressed this item.

The Health Department requested Board approval of a budget amendment to recognize \$7,500 from the State Office of Healthy Carolinians. The mini-grant was awarded to the Durham County Healthy Carolinians Consortium. The Health Department serves as a fiduciary agency, thereby receiving the money from the State and distributing it to the Consortium. The Consortium proposes to use the money to conduct the following activities for Durham County's Latino population.

2 A Regular Meeting of the Durham County Board of Health, held
March 8, 2001.

- Using focus group discussions, the Consortium will endeavor to elucidate health disparities, barrier, and other key issues affecting the Latino population. The focus groups will attempt to determine both actual and perceived needs, identify scope of barriers and, identify solutions to overcome the barriers.
- Formally bring together groups interested in reducing Latino health disparities to mutual discussions that will facilitate better working relationships.
- Facilitate the collection of information or community resources and projects proposing solutions to meet the identified needs.

Ms. Reckhow made a motion to approve the amendment as presented.
Mr. Small seconded the motion and it passed with no opposition.

2001 FINANCIAL ELIGIBILITY SCALE FOR NC BREAST & CERVICAL CANCER CONTROL PROGRAM. Gayle Harris, Director of Nursing, reported to the Board that this schedule could not be changed and recommended its adoption.

Dr. McHugh made a motion the Board adopt the schedule. The
motion was seconded by Mr. Small and approved unanimously.

DEFINITION OF HOUSEHOLD INCOME FOR SLIDING FEE PURPOSES. Gayle Harris presented this item. The Board of Health adopted a Family Planning Clinic Fee Policy on April 10, 1997 that stated, "Household size will consist of patient, spouse and children." Ms. Harris said that if a person lives with a significant other, that person is not covered in this definition.

Ms. Harris said she talked with the State Consultant and it was recommended that the Board review the WIC definition. This definition is the most stringent in determining family size (economic unit).

There was significant Board discussion.

Ms. Smullin made a motion to adopt the WIC definition in
determining family size. The definition reads, *A family is defined as a*
group of related or non-related individuals who are living together as one
economic unit. Individuals are considered members of a single family or
economic unit when their production of income and consumption of goods
are related and to revise the Clinic Policy to include this definition. (NC
WIC May 1999) Mr. Small seconded the motion and it was approved with no
dissenting votes.

FY2001-2002 BUDGET SUMMARY. Mr. Marcia Robinson presented a summary of FY2002 requested revenues and requested expenditures.

Ms. Robinson and Ms. Harris responded to questions from the Board during the budget discussion.

Mr. Small said the Department would request funding for four new positions in the FY02 Budget. The positions are two School Health Nurses, one Environmental Health Specialist, and a Dental Assistant.

He led the Board of Health in a discussion regarding the challenges in maintaining staff to provide mandated inspections and services in a rapidly growing food and lodging industry in Durham County.

3 A Regular Meeting of the Durham County Board of Health, held
March 8, 2001.

Ms. Reckhow requested that an Environmental Health Salary Survey be completed to determine the equity of the County's salary structure. She said she would discuss a salary upgrade with the County Manager and she asked that the Environmental Health follow up with the survey findings.

Mr. Small, Chair, Finance Committee, presented the Committee's motion the proposed FY2001-2002 budget in the amount of \$13,984,503 be adopted by the Board and submitted to the Board of County Commissioners. Ms. Smullin seconded the motion it was approved with no dissenting votes.

(For Information the Health Director's FY01-02 Budget Transmittal Letter dated 3/14/01 and prepared after the Board adopted the proposed Budget is included in this set of minutes.)

The FY02 Health Department budget request from Durham County is \$9,602,455, an increase of \$1,185,942 (14.09%) over the current FY01 budget of \$8,416,513. Revenue is projected to be \$354,367 less than the FY01 adopted budget reflecting decreases in the Health Education, Child Health, Home Health, Maternal Health and School Health programs.

The top priority in the FY02 budget is to fund various operating expenses at amounts sufficient to continue to offer Public Health services at current levels. The Health Department attributes cost increases to general inflation, medical inflation, increasing volumes, changing clinical mandates, and a jail inmate population that is a high utilizer of medical services. The budget also includes funding sufficient to meet federal lab volume to staffing ratios in our Laboratory.

The Health Department sought to replace its aging Patient Care Management System during FY00-01 by requesting qualified vendors to submit bids in response to our Request For Proposal (RFP). Only one qualified vendor responded and was quickly ruled out by submitting a bid far in excess of our budgeted amount. The project has been approved for the past several years and the Health Department has been paying into the Pay As You Go account system to finance the estimated \$230,000 cost. Consequently, we will once again issue our RFP to acquire and implement a modern Patient Care Management System, the first upgrade in patient information management in 10 years. The rapid pace of computer technology advances has resulted in the need to increase the capability of our network file servers and peripheral computers. Many of our personal computers are more than 5 years old and cannot operate at a speed adequate to run modern software applications.

Last year the Health Department requested an additional 11 County funded School Health Nurses to improve the nurse to student ratio near to the 1 nurse to 750 student standard. No new school nurse positions were approved. This year the Health Department is requesting 2 new school nurse positions to reduce the nurse to student ratio and improve delivery of school health services.

The Health Department is also requesting additional resources for the Environmental Health Division. An additional Environmental Health Specialist is needed to respond to a rapidly growing food and lodging industry in Durham County. Funding is also requested to purchase an XRF Lead Testing machine so that onsite lead testing with immediate findings can be provided in our community.

March 8, 2001.

The Dental Division is poised to launch mobile dental services for low-income children at area elementary and middle schools. The Health Department will provide the staff necessary to provide the services in a mobile dental clinic, which will be purchased and maintained by the Promising Practices program at Duke University Health System. The Health Department is requesting an additional Dental Assistant to work in the mobile clinic. The position will produce at least enough revenue through prophylaxis and teeth sealing to support the position financially.

The Health Department's financial position continues to evolve in Durham's ever-changing health care marketplace. Departmental reimbursement revenue is projected to decline below the FY00-01 level. The decline is attributed to continued shifts in community demographics primarily related to immigration, the federal government's transition to a prospective payment system for Home Health patients, and increasing case management requirements without additional financial support for women and children who are Medicaid beneficiaries.

Durham County has experienced rapid growth in its immigrant population. Many of our new residents work in industries that either do not offer group health insurance or offer a product that is too expensive to purchase. Uncompensated health care delivery is threatening our entire local health system and has seriously impacted many of the Health Department's programs. More than 50% of our prenatal clients are non-citizens ineligible for most third party insurance, including federal sources. More of our Medicaid clients have migrated to private obstetric practices. This has further eroded our ability to generate income to support the program. Less than 23% of our mothers and our Family Planning clients are now insured by any carrier. Both area hospitals and Lincoln Community Health Center are facing similar circumstances.

The Department continues to provide services to the most medically vulnerable citizens of Durham County, including but not limited to homebound persons without adequate insurance, teen mothers learning to be responsible parents, children with special needs in the classroom, and HIV positive adults with few treatment options. The whole community is made safer through Health Department staff efforts that ensure sanitary food-handling establishments, monitor private wells and septic systems, and inspect and conduct appropriate interventions for occupied dwellings identified as contaminated with lead-based paint.

The Health Department staff strives to reduce the impact of preventable diseases and other health conditions by improving the health status of Durham's residents; by contributing to a safer and cleaner environment; by aiding our young people as they adjust to life's challenges; and by improving departmental support systems. The Health Department appreciates the support Durham County Government currently provides and looks forward to continued advocacy from the County Manager's office for improving the health of our community.

Dr. Royster and Mr. Small attended the Breakfast Promotion, a part of the DINE for LIFE Breakfast Campaign. Both said it was a very interesting event and a good experience. The Board of Health members, Board of County Commissioners, Durham Public Schools Board of Education, and other community leaders were invited.

HEALTH DIRECTOR REPORT.

ENVIRONMENTAL HEALTH DIVISION

Requests for services from the Environmental Health Division significantly increased in February as a direct result of Durham County residents receiving their property re-evaluations from the tax office. Vacant nonbuildable lots increased in value as much as 1000%. Telephone calls and walk-ins from citizens requesting copies of old turndown notices issued by this office have flooded the Division. The property owner then submits the notice in an attempt to get the value of the reevaluation reduced. For those properties with no history, an application for an improvement permit is completed; user fees are paid and environmental staff schedules the lot evaluations.

Another Environmental Health Specialist has resigned. Jonathan Borntrager, who has provided food and lodging inspections for two and one-half years, will finish service with Durham County on March 9, 2001. Jonathan has accepted a position with a private consulting firm that will provide him with new challenges and more money. A request for an exemption to the county hiring freeze was submitted and approved. Hopefully recruitment and hiring of an experienced EHS will proceed expeditiously.

GENERAL HEALTH SERVICES CLINIC

BCCCP/Adult Health Screening Program

8 women were screened in the BCCCP Program.
128 women were screened for domestic violence.
168 persons were screened for hypertension.
3 persons were screened for diabetes.

Screening

297 persons screened in STD Clinic
314 persons screened for HIV: (148) persons tested at Durham County Health Department; (141) tested at Lincoln Community Health Center; (25) tested at Durham County Jail. There were 4 positive tests.

Reportable Diseases (Other than STDs)

7 Hepatitis B, Carrier
8 Rabies Bite Investigations
1 Tuberculosis Case
1 Meningococcal Disease
2 Cases Streptococcal Infection, Group A

Outbreaks

None

Pharmacy

Prescriptions filled: 2,343

Laboratory

Tests performed: 5,820

Activities of Staff

Clinical staff attended STD Update and TB Symposium.

DENTAL DIVISION

243 patients were treated during the month of February and 1,110 dental services were rendered.

March 8, 2001.

Duke University Health Systems placed an order for the mobile dental unit with Midwest Mobile Technologies, Inc. Predicted delivery date is 5/28/01.

Phyllis Garrison, our Dental Public Health Hygienist, provided a dental exhibit at South Square Mall 2/12-2/17 for National Dental Health Month. She also set up an exhibit at Lincoln Community Health Center and did dental presentations in the Durham Public School System and several day care centers.

Dr. Theodore Brooks retired February 28, 2001 after 15 years of service. He will be greatly missed.

NURSING DIVISION

Family Planning

The Family Planning Clinic performed 95 Initial Visits and 137 Annual Visits during the month of February. This compares with 106 Initial Visits and 138 Annual Visits during February 2000. Each month, more of the patients do not speak English. It takes longer to complete the teaching and counseling for these patients even though there are two Spanish interpreters in the Health Department and several nurses that speak some Spanish.

Maternal Health

Duke's Division of Maternal & Fetal Medicine, in collaboration with the Durham County Health Department, received approval for a \$230,000 grant to expand the Certified Nurse Midwifery Program beginning July 1. The grant will provide a nurse midwife to work part-time in the Health Department's Prenatal Clinic. The additional staff will decrease the time patients have to wait for appointments for physical exams. The grant also includes funds for a new ultrasound machine for the clinic. Clinic medical providers will be able to do Level I ultrasounds at Lincoln as opposed to sending patients to DRH or Duke.

Natasha Jackson, RN in the prenatal clinic, volunteers weekly in the reading program at W. G. Pearson Elementary School. She has been asked to be a member of an advisory board that will explore ways to motivate parents to get actively involved with the school and community to increase their awareness and find solutions to improve the end-of-grade test scores. The Maternal Health program salutes Natasha Jackson for giving back to this community in such a special way!

Child Health

Child Service Coordination

County statistics for the identification of young children with special needs were recently received. The accompanying letter said that County's success in identifying children with special needs merits a letter of commendation from the state. The commendation is addressed to the entire Durham Early Intervention community (The Durham Center, Durham Developmental Evaluation Center and the Health Department), but is particularly pertinent to the Health Department, as the Child Service Coordinators are the primary "identifiers" in the process.

The recent decision by The Durham Center to cut positions in the Early Intervention program is expected to have an impact on CSC service delivery. However, referrals will continue to be made to the remaining Durham Center program staff.

7 A Regular Meeting of the Durham County Board of Health, held
March 8, 2001.

Health Check

The most recent statistics from the state indicate that the participation rate for Durham children in the Health Check program is at a new high of 51.6%. This represents a steady increase from a baseline in FY 92/93 of 27.1%. Health Check Coordinators use a number of strategies to promote participation including personal contacts with families, public contacts at Health Fairs and contacts with medical providers. For the past year, the Coordinators have been sending certificates to parents and children who followed through with making and keeping appointments. This activity has been very popular.

Linkages

Thanks to the contracted interpreter, the staff is regularly enrolling and working with Spanish-speaking women. The word has spread fast, and the demand is about to overtake the program's capacity to serve all that are interested. Staff is seeking out information, both written and video, in Spanish.

Lead Poisoning

Shirley Holloway, Lead Nurse Consultant, continues to find and follow new families. She is now working with other community organizers to develop a "Parents Against Lead" group.

Shirley presented information about lead poisoning to a group of realtors, property owners, and Durham Housing Authority staff on February 20.

Overall Program

The Child Health program moved to the next step in piloting the Virtual Office project. Permanent staff members who are interested are allowed to work from their homes. Presently 14 of the 20 program staff are participating. Staff chose this approach because of crowded work areas within the Department. This approach also serves Durham County's goal of reducing the number of vehicles commuting to and from work.

Home Health

Magline Wearing, CHA, has been on extended sick leave for five weeks. She will return on March 5, 2001. Ethel James, CHA, has been out sick for two weeks and will return March 6, 2001. During this time the aides have been working longer hours and weekends to meet the needs of our patients.

There were twelve referrals in January, six as new patients. Five referrals were declined due to staff shortage and one because the service was not offered by this agency. There were nine referrals in February that were admitted and three that were declined because we did not provide the service requested. Again new patients have to be declined due to staff limitations. The Department of Social Services is also requesting additional services for their current clients because other agencies are not providing reliable in-home aide services.

Claire Hammitt continues to work with the software vendor to facilitate the laptop implementation. Since the server cannot be accessed from our laptops, the software currently used by Home Health has limited utility.

Three staff attended a workshop in Louisburg with the software vendor regarding PPS billing and software updates. HCFA continues to make frequent changes with this system as various agencies and professional organizations identify problem areas.

March 8, 2001.

Last month staff was in the process of gearing up to serve as consultant to an Adult Day Care/Health Facility. However, Oldham Towers, the planned location for the proposed facility, is no longer available. (The space will be used for the homeless shelter while that facility is being renovated.) The applicant will have to identify another site. When another application is made, staff will serve as a consultant to the project as mandated by the state.

Martha Simpson, MSW, continues to advocate for one of the patients in a discrimination suit against the Hosiery Mill management. The patient is a disabled female who requires modifications to the building to be able to maneuver and exit the building in a safe and expedient manner. Martha has worked with management at the facility and the problems have not been resolved. HUD investigated and will be pursuing the complaint against the management.

Martha also continues to spend a large amount of time trying to maneuver the local Medicaid system for patients. Workers at DSS will not allow her to make appointments with them. She must go to DSS and sit in the waiting room until she can see the worker to resolve the problem. One example of the kind of involvement that she has includes trying to avoid a discontinuation of services by another agency because the Medicaid CAP identifier has not been put in the system. Another example is having the deductible information calculated and explained to a family so that CAP services can be started after a patient leaves the nursing home.

Steve Wray, Coordinator for "Lifeline" at Durham Regional Hospital, recently reported that the services were in danger of being discontinued due to revenue shortfalls. Many of the CAP patients served by the Health Department have "Lifeline" for emergency response, which Medicaid pays. Letters of support for this program have been requested. If the service were discontinued, an agency in Greensboro would be the closest vendor available.

School Health

Mary Hoose, school nurse at Southern High School, placed and read six follow up tuberculin skin tests; there was one positive in the group (representing an exposure). Four students continued to be absent on the day of testing.

Clementine Buford and Verna Conklin have been using "Baby Think It Over" dolls in collaboration with teachers of parenting classes. Sixteen high school students have taken a Baby home over a weekend and, without exception, have returned vowing to wait a long time before having a baby of their own.

Tasha Allen attended the Comprehensive Emergency Response Team training at Githens on February 1.

Janice Anderson, as President of the NC School Nurses Association, met with state leaders on February 12 to promote legislation for state funding of new school nurse positions.

Three school nurses (Janice Anderson, Verna Conklin, Teresa May) attended the Minority Health Conference on February 16 at their own expense.

9 A Regular Meeting of the Durham County Board of Health, held
March 8, 2001.

Five school nurses (Edwina Gabriel, Freda Johnson, Citricia Key, Terrie Paynter, and Lydia Smith) attended a three and a half day training offered by Durham Public Schools on Suicide Intervention.

Peg Wolfe attended the following meetings:
Workshop on Health Insurance Portability and Accountability Act (HIPAA)
Child planning conference for children under DSS care
Watts Wellness Center Advisory Board
Wellness Partnership meeting.

Seven school nurses (Tasha Allen, Janice Anderson, Clementine Buford, Verna Conklin, Deanna Hamilton, Mary Hoose, and Peg Wolfe) attended the regional meeting of the School Nurse Association of N.C. on February 23. Mary Watson from the N.C. Department of Public Instruction presented an educator's perspective on the Exceptional Children's Program and the need for school nurse involvement.

Seven school nurses (Tasha Allen, Janice Anderson, Clementine Buford, Verna Conklin, Teresa May, Catherine Medlin, and Peg Wolfe) attended an 8-hour training on business writing offered by Human Resources during February.

Janice Anderson attended a videoconference February 27 on legal and policy issues that are involved when children are raised by their grandparents.

Peg Wolfe met with Angelique Witherspoon, Durham Public Schools, on February 27 to discuss the implementation of a CLIA (Clinical Laboratory Improvement Amendment) plan for the school system.

Janice Anderson, Clementine Buford, and Verna Conklin, officers in state/national school nurse associations, attended a regional board meeting on March 2.

Neighborhood Nurse Project
Few Gardens

Kerry Smith, RN, had 231 encounters in February.

Kerry referred residents to Baby Love, Family Planning, Promising Practices, Welcome Baby car seat program, Lead Project, Nutrition and HIV support group.

Kerry provided one-on-one education to residents regarding BCCPP, abnormal pap smears, breastfeeding, Section 8 housing information, hypertension, dentist accepting Medicaid, and information on Services for the Blind.

Two newborn and two postpartum visits were made in February.

There is now a core group of residents interested in participating in health related activities. This is beginning to extend into positive social activities for the group. Twenty residents completed the cervical cancer prevention workshop. When the class was completed, the participants went out to dinner to celebrate.

The "Save Our Sisters" breast cancer workshop that was cancelled in December has been rescheduled for March and April.

March 8, 2001.

Plans are not complete for the restructuring of the area with the Hope VI grant. The re-certification of residents is taking place as usual. During this process, Kerry screened 95 women utilizing the tool she developed from the MCH Model. She identified ten residents who were eligible for Medicaid and assisted them with completing the application.

Fayetteville Street

Ann Milligan, RN, and Joyce Snipes, CHA, of Fayetteville Street had 344 encounters in February.

Eleven residents participated in a workshop about HIV/AIDS. Cleaning products were utilized as incentives for participants. Relationship between illness and cleanliness was discussed.

Ann taught a parenting class at Geri Care. Six participants attended.

Six newborn and four postpartum assessments were completed in February. Two infants were referred for immediate medical care. One had two large subdural hematomas and was jaundiced. The other infant had skin breakdown on the thigh from the position of a cast. Thermometers were given to four new moms.

Home visits have been made on several pregnant patients. Two had missed appointments and the appointments were rescheduled. Another resident had to cancel surgery due to flu-like symptoms. Ann assisted in getting medical care for the illness and rescheduled the surgical appointment. These patients will be followed.

Ann provided assistance with Head Start applications for three residents and referred several residents to the Baby Love Program (maternity care coordination).

Miscellaneous Activities

Peg Wolfe and Gayle Harris attended the monthly meeting for the Dental Van Project. Prior to that meeting they met with Angelique Witherspoon from DPS to begin to develop a plan for obtaining medical history and consent for treatment.

Tekola Fisseha, Becky Freeman and Gayle Harris submitted the second commitment package for participation in the Perinatal Periods of Risk Practice Collaborative. Telephone conference seminars are scheduled to begin March 29.

Renee Parks-Bryant, Kerry Smith, Ann Milligan, Tekola Fisseha, Becky Freeman and Gayle Harris worked with members of a sub-committee from the Infant Mortality Reduction Task Force to submit an application for a planning grant from the NC Minority Infant Mortality Reduction Project.

Gayle Harris presented a class on “Current and Emerging Roles of Public Health Nurses” at UNC-School of Public Health on February 13.

Pamela Serrell, RN, State Consultant, made a requested site visit on February 15 to audit charts for appropriate CPT Coding. She will submit an official letter of her findings. Regular internal audits will be scheduled.

Arnold Dennis, Deputy Director, DSS, and Gayle Harris met with Madhavi Reddy, a temporary staff member hired to coordinate Health

March 8, 2001.

Choice Outreach activities. She will focus on monthly identification and contact of children due to re-enroll. She will work with the school social workers, send letters, make telephone calls, home visits, etc. to get the children re-enrolled before benefits expire.

Mary Dempson, Gayle Harris and the Health Director attended the quarterly Perinatal Coalition meeting at Duke University Medical Center. Gayle presented the Perinatal Periods of Risk Approach.

Gayle Harris attended the monthly meetings of the Juvenile Crime Prevention Council Executive Board, the Juvenile Crime Prevention Council, the Triangle United Way Seniors' Issue Team/Keeping In Step, the Triangle United Way Health Choice Coalition, Lincoln Community Health Center Board of Directors, and the Interdivisional meeting of Project STAND.

HEALTH EDUCATION

Family Connections Team

Jennifer Woodward and members of the team have conducted several Human Growth and Development programs at Y.E. Smith, Hope Valley, Eastway, Morehead, and Fayetteville Street Elementary Schools. The team also provided education on Family Life issues, Tobacco, and STD's at Durham School of Arts, Jordan High Schools, Hill Side High School, Githens and the Middle School Learning Center. Annette Carrington conducted a health class for parenting students at Southern High School.

Jennifer Woodward attended meetings of the Durham Tobacco Center, Tobacco Prevention and Control Branch's School Taskforce, and the American Lung Association Board of Directors. Jennifer met with representatives from El Centro to discuss school health, particularly as it relates to the Latino population, and other new initiatives that they may be interested in pursuing.

Teen Outreach Program (TOP) health educators conducted classes at CIS Academy, Hillside High School, and Neal, Githens, Chewning and Lowe's Grove Middle Schools. In addition, Heather Scott and Robin Tanas conducted additional sessions at Durham School of the Arts, Middle School Learning Center, and Hope Valley Elementary, Lakeview and Whitaker Schools.

TOP staff has conducted a TOP training for teachers. Since the attendance was low, another training has been scheduled for April 9.

Ronda Sanders conducted ad-hoc committee meetings at Hillside, Chewning, and Githens Middle Schools. Teachers indicated that they were pleased with the TOP performance.

Baby Think It Over (BTIO) Baby Simulator and the Empathy Belly (pregnancy simulator) sessions were completed at Githens Middle School. There were many positive and negative remarks from both students and teachers regarding the simulators. TOP staff believes that the remarks will be useful in making program adjustments for future sessions. Many students, however, reported that the BTIO and Empathy Belly have changed their minds about becoming young parents.

Health Promotion & Wellness

March 8, 2001.

Willie Robinson appeared on the County Government Cable show presenting information on cardiovascular disease. As a result, there have been several requests for heart health programs, all making reference to the interview. February was American Heart Month.

Aimee Krans was invited to Chatham County to assist with the development of their Fitness Council. The Fitness Council and the Fitness Leadership Council continue to meet on a regular basis.

The Gun Safety Team met to plan strategies for outreach and education for the Members of Students Against Violence Everywhere (SAVE) at Riverside. The Team and SAVE members will address gun safety concerns and provide educational sessions to PTAs countywide.

Joanie Hoggard met with the new community outreach coordinator for ARISE to plan collaborative outreach initiatives on domestic violence prevention education.

Communicable Disease Education

For National Condom Awareness Week, Carlotta Lee coordinated outreach training for students (outreach with the team and students to over 200 people) on NCCU's campus. She also displayed information in English and Spanish in the Health Department's clinic waiting area and lower level display boards.

Caressa McLaughlin and Tim Moore conducted a STD/HIV Peer Education Program at the Black Cultural Center on the campus of UNC-Chapel Hill. Constance Copeland and Caressa staffed an exhibit at the Minority Health Conference. Carlotta and Caressa administered needs assessment surveys for the STD/HIV Peer Education Program at North Carolina Central University.

Kat Turner conducted a training on Lesbian Health for the Duke Women's Health Services Advisory Council. Kat and Caressa conducted training on Lesbian, Gay, Bisexual, and Transgender (LGBT) health issues for nursing students at UNC-Chapel Hill.

Constance Copeland organized the Kaleidoscope Peer Education training meeting on February 24 where males learned about Fatherhood and girls learned safer sex skills, ways to communicate their true thoughts and feelings in relationships, valuing themselves as women and the importance of self-esteem.

Kat Turner attended the monthly N.C. Syphilis Elimination Project meeting in Forsyth County. She facilitated the monthly interdivisional team meeting, where they discussed syphilis cases, syphilis education, jail screening and the budget.

Corinne Alvino, LPN (for Project STAND), offered syphilis education to all incoming jail inmates and tested 96 women and men. Two of the tests were reactive. All inmates receive a Project STAND prevention and referral kit with their property upon release.

NUTRITION DIVISION

Folic Acid Education/Awareness Activities

13 A Regular Meeting of the Durham County Board of Health, held

March 8, 2001.

Sent 62 local physicians/practice groups a letter describing the incidence of neural tube defects in North Carolina and the initiation of a Durham County folic acid awareness campaign in coordination with the March of Dimes and the North Carolina Folic Acid Council. The letter offered practice groups the opportunity to register for a folic acid in-service for their staff to be provided by the Health Department. The in-service includes an update on the role folic acid plays in the prevention of neural tube defects, other health conditions such as heart disease, and examples of patient education and other awareness materials. These in-service sessions and materials are partially supported by a March of Dimes grant.

Presented folic acid in-service sessions to:

- 16 staff members of the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) at Lincoln Community Health Center
- 15 medical and office staff members of the Hillandale Medical Group.

A folic acid message was placed on 24,000 Triangle Pharmacy prescription bags.

HIV

Conducted a session on “Nutrition and HIV” for participants attending an HIV peer education program. The presentation was one of a series of classes for persons living with HIV disease and was sponsored by the Lincoln Community Health Center Early Intervention Clinic.

Child Care Consultation

Provided 4 nutrition consultations.

Completed 11 Child Care Center Director Surveys/Interviews to assess their awareness of and interest in child nutrition issues.

Completed a full assessment/screening at a center on Holloway Street.

The assessment includes food safety, food offerings, and a variety of other issues relevant in the daycare setting.

Visited a total of 12 centers.

School Nutrition and Physical Activity

School nutritionists conducted 76 group/classroom sessions in DINE for LIFE target schools for a total of 1,412 student contacts. Two additional sessions, 10 students attending each session, were presented to Hillside High School students in partnership with the TOP service-learning program.

Two UNC graduate students, one NCCU intern, and a nutritionist from the Health Department conducted more than 50 educational sessions during a two-day Health and Wellness Fair at Hope Valley Elementary. Over 800 children learned the Food Guide Pyramid recommendations with a hands-on activity using food models and other educational props.

Met with Durham Public Schools Child Nutrition Supervisors to introduce the Healthy Achievement program and to plan upcoming roundtable discussions between Cafeteria Managers and School Nutritionists.

DINE for LIFE Breakfast Campaign, March 2001

Designed display cases and bulletin boards for the upcoming Breakfast Promotion at Lakewood, RN Harris, Burton, EK Powe, and CC Spaulding Elementary Schools.

Wrote breakfast articles for all target schools to include in their school newsletters and faculty flyers.

March 8, 2001.

Met with various individuals in each target school to coordinate activities in the school. This included visits with the art instructor, faculty at their group meetings, SIMS coordinator, Principals, and Cafeteria Managers.

Assisted a 5th grade class with preparations for WGEO (school-based) “Breakfast Broadcast”. Students created a script for a March 2 school-wide TV/video broadcast at Burton Geo-World Magnet School.

The Board of Health, Board of Education, parents and students were invited to Breakfast Promotions at three target schools as part of the campaign. Television stations, WRAL and NBC17, are both scheduled to tape events at Lakewood Elementary and Rogers Herr Middle School.

Media

Developed “Newspapers-In-Education” ad and flyers to announce Health Odyssey 2001: Food and Fitness Series. The ad ran 7 days in the Herald-Sun and flyers were sent to 400 teachers.

Invited the following media contacts to support the Breakfast Promotion:

- Erika Lewis, WRAL TV 5
- Rachel Eden, Herald-Sun school reporter
- Aaron Bare, Community Outreach for Durham Bulls
- NBC 17

Accepted a proclamation recognizing National School Breakfast Week from the Durham County Board of Commissioners and gave comments regarding the importance of breakfast to students’ educational success.

Served as Editor for the Herald-Sun National Nutrition Month Niche magazine, a joint project of the Durham-Chapel Hill Dietetic Association and the Herald-Sun. Wrote an article for the publication scheduled for distribution on March 7, 2001.

Clinical Nutrition Services

Child Wellness

Received 27 new referrals for medical nutrition therapy.

Provided 45 individualized services to children with their parents/guardians.

Provided 67 consultations to caregivers and providers regarding patient care.

Infant Mortality Prevention

Provided 60 individualized services to pre-conception women, high-risk pregnant women, or families with high-risk infants.

Provided 5 consultations to caregivers and providers regarding patient care.

Screened 503 OB patients for nutritional risk.

Adult Wellness

Received 14 new referrals for medical nutrition therapy.

Provided 38 individualized services to adults.

Provided 14 consultations to caregivers and providers regarding patient care.

Conducted a class on *Nutrition During Substance Abuse Recovery* for substance abuse clients in partnership with The Durham Center.

Student Training

15 A Regular Meeting of the Durham County Board of Health, held
March 8, 2001.

Provided two days of intensive training on nutrition interventions for children with special needs for a Case Western University graduate student.

Provided five weeks of training for an NCCU dietetics internship student.

Provided training each Wednesday to two UNC-CH graduate students.

Staffing

The Durham Chapel Hill Dietetic Association nominated Tracey Bates, Health Promotion Nutritionist, for the 2001 Recognized Young Dietitian of the Year Award. The statewide award recipient will be honored at the North Carolina Dietetic Association meeting in May.

We have 2 vacancies in the DINE for LIFE program, a community nutritionist and an adolescent nutritionist.

Miscellaneous

Completed and sent the DINE for LIFE program and budget proposal to the North Carolina Nutrition Network for federal FY02 funding, which begins October 2001. Received technical assistance from the Orlena Hawks-Puckett Institute on program evaluation tools that were included in the funding proposal.

ADMINISTRATION

Glenda Reed, Central Intake Supervisor, Marcia Robinson and Dr. McIntosh met to discuss dental appointments in the Central Intake area. It was agreed that the Central Intake staff is in need of additional training. Staff will meet once a week for training with Carol Ramirez to be sure that appointments are being scheduled at the appropriate time.

Bonita Robeson assisted Marcia Robinson in assembling the Health Department's budget books for fiscal year 2001-2000. Books have been prepared for the Leadership Team, Board of Health, County Budget Office and County Commissioners.

HEALTH DIRECTOR'S OFFICE

Hosted a joint meeting of the Humans Services Agencies' Board Chairs and Directors to discuss agency-working relationships and develop a process to enhance service delivery. The group decided to set up a series of quarterly meetings to review progress and opportunities for collaboration.

Met with Diana Solkoff from UNC Hospitals to explore the Health Department's participation in a 5 County Family Violence Reduction Initiative. Organizational meetings will be held as the process is further defined. The Health Department routinely screens for domestic violence and is interested in mechanisms to reduce the incidence of family abuse.

Held a series of budget meetings with Division Heads to review revenue and expense budget projections. The Finance Committee of the Board of Health met on February 27 and March 1 to review each Division budget in preparation for Board of Health review and approval.

Attended the monthly Youth Coordinating Board meeting.

Attended the Durham County Perinatal Coalition Meeting at DUMC to discuss opportunities to improve pregnancy outcomes in the community. Gayle Harris presented the Perinatal Periods of Risk Practice Collaborative to the group.

March 8, 2001.

Chaired the United Way Health Issues Team monthly meeting. This meeting was the last before funding requests are reviewed and allocation decisions are made for FY 01-02.

Attended a Health Choice for Children re-enrollment assessment and strategy meeting with Gayle Harris, and Dan Hudgins and Arnold Dennis from Social Services. Durham County has only re-enrolled approximately 30 percent of last year's participants. Identifying and lowering barriers to re-enrollment is urgently needed to halt the loss of Health Choice for Children slots to the state waiting list.

Chaired Durham's Partnership for Children Annual Retreat. Less than half of the DPfC Board attended due to winter weather travel problems.

Attended the Health Directors regional meeting in Alamance County. The principal points of discussion were problems and concerns related to uncompensated prenatal care delivered by local health departments.

Chaired the DPfC Executive Committee Meeting.

Consulted with Chuck Kitchen, County Attorney, regarding legal issues related to laboratory services delivered by Durham Regional Hospital's Laboratory. The Health Department received an invoice from DRH Laboratory for more than \$20,000 for the month of January. The invoice charged the Health Department full charges for lab services.

Met with Steven Owens, DRH Senior Administrative Director responsible for the DRH Laboratory, to negotiate laboratory charges and other charges for our prenatal and TB clients.

Chaired the Health Department's Quarterly Staff Meeting.

Kim Walsh, MD, MPH, began her employment as Medical Director for the Health Department on March 1. Dr. Walsh comes to the Health Department with more than 8 years experience as Medical Director at Alamance County Health Department. She is a welcome addition to the Department's Leadership Team.

Miriam McIntosh, DDS, MPH, was promoted to the position of Dental Director on March 1. Dr. McIntosh replaces the recently retired Dr. Ted Brooks in that role. Dr. McIntosh is a highly experience Public Health professional that is committed to improving and expanding dental service delivery to our community's low-income population.

There being no further business the meeting was adjourned.

William H. Burch, R.Ph.
Chairman

Brian E. Letourneau, M.S.P.H.
Health Director

17 A Regular Meeting of the Durham County Board of Health, held
March 8, 2001.